

Laker Boys' Basketball

Philosophy

We will use basketball as a tool for teaching our student-athletes about life. Through basketball they will learn the importance of hard work, sacrifice and self-discipline in order to be a successful person in their life after basketball.

Coaches

What we expect from players

In practice

- Be on time
- Be mentally ready to practice
- Focus and be involved in what we are doing

In games

- Sit together as a team
- Understand the scouting report
- Be involved on the bench
- Cheer for your teammates and be supportive
- Greet your teammates as they come off the floor

In School

- Respect all teachers
- Respect all students
- Respect themselves

Head Coaches Expectations

Assistant Coaches

- Understand team philosophy
- Understand role and what is expected of you
- Be involved

In Practices

- Come prepared every day with a plan
- Be able to explain philosophy to players
- Keep players focused and involved in practice
- Make it fun, but keep it disciplined

In Games

- Understand our scouting reports
- Be verbal with our players and instruct them as needed
- Share suggestions with head coach

All season, All Coaches

- Develop players and their skills
- Help them to understand philosophy and how to fit in
- Teach the game

Assistant Coaches Expectations

Head Coach

Before season

- Effectively communicate off-season program and schedule
- Inform coaches of their roles
- Help assistants understand the philosophy

During season

In practice

- Help plan practices and where each coach will be involved
- Assign each coach roles during drill
- Allow coaches to take ownership over their role

In games

- Assign coach roles for games
- Remain focused on the game

Players Expectations

Coaches

In Practices

- Come prepared to each practice with a plan
- Drills will be challenging and help develop the philosophy
- Push them to get better

In Games

- Provide a detailed scouting report
- Ensure all players understand the scout
- Worry about our team, not the officials
- Be prepared for all situations

Teammates

In Practices

- Put the team first
- Be involved and talking on sideline
- Help each other off the floor
- Push each other and never back down

In Game

- Give max effort on the floor
- Stay involved on the bench
- Cheer for teammates
- Be worried about our team, not officials

Themselves

At all times

- Put the team first “US ALWAYS”