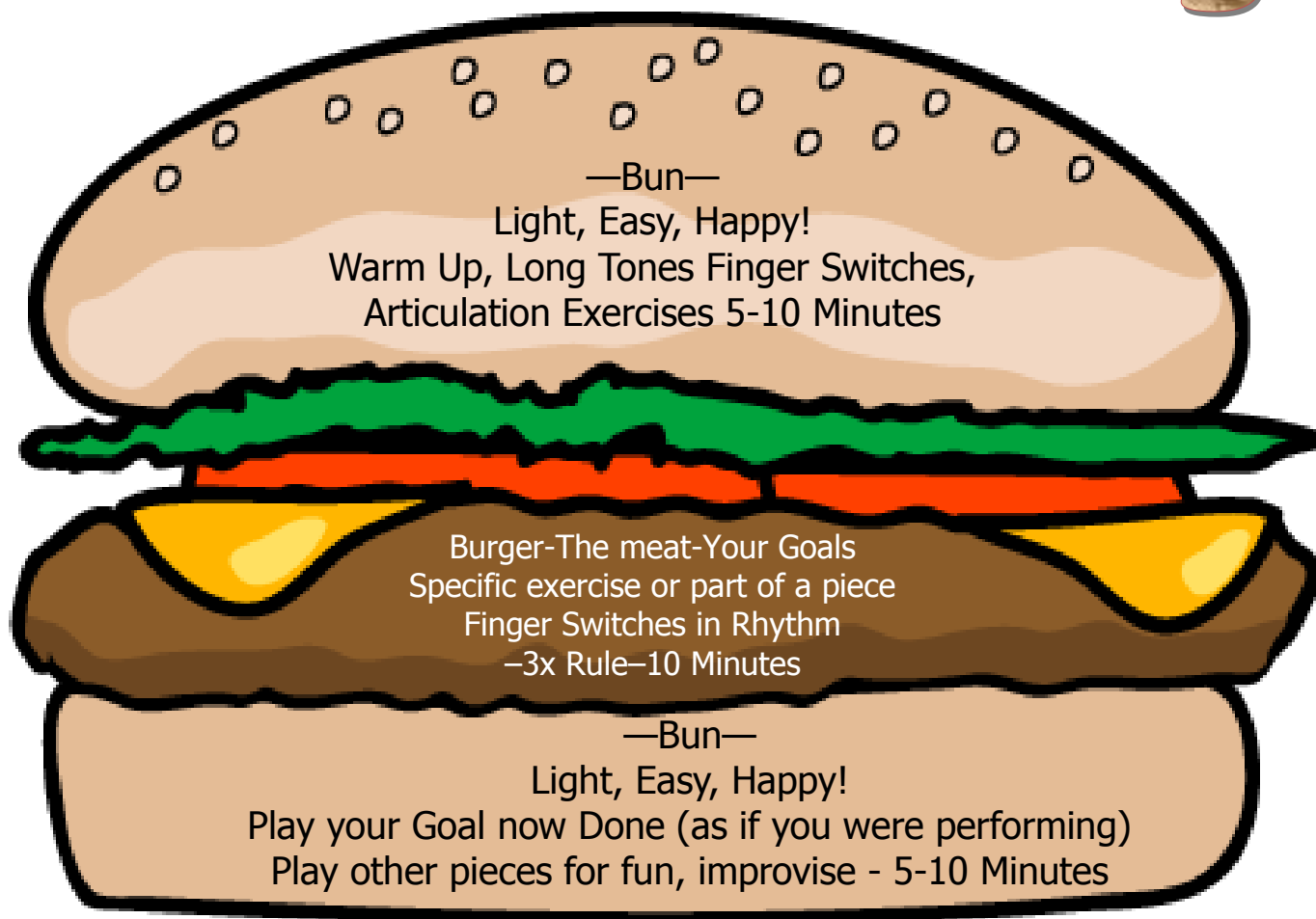


How to Practice... Think Hamburger



To the Parents/Guardians:

This is to help your child become self motivated to practice. Please help them fill out a hamburger each night they play. **Your involvement in the beginning is key.** Students who show the most success have parents/guardians who are involved in their practice. Eventually, **your child will become motivated by the sheer joy of making music!** There will be some road bumps but with your engagement, and my support, those road bumps will build up and strengthen your young instrumentalist.

I will fill out the first Burger for your child. *He or she is to practice that very day!* Read the goals and assignments *together*. After your child is set up with a *distraction free place* to play, write down the start time and stop time for each box. Set a timer or have a clock nearby for your child to self-monitor, depending on your child's ability. If he or she finishes a section early, *encourage* them to do it again, asking them to listen for improvement in either their sound, finger switches or rhythm. ***The goal is to play straight for 25-30.*** If you hear your child blowing through his or her instrument, or practicing their sticking (even if they aren't focusing on their goals as much as you would like) reward them, they are making progress!

To the students:

Welcome to playing an instrument! This may be one of the most rewarding experiences you have in Elementary School! The choice is really yours! How much and how *well* you practice equals how much you will get out of your concert experiences. Remember at concert time, its all about how much and how well you have practiced, not who's the most talented or even how much you haven't done.

Make a promise to yourself now that you are going to give yourself this great gift! A wonderful concert at the end of the year. Promise yourself to play your instrument EVERY DAY for at least 25 minutes. If you have to skip a day, try to make that time up to yourself. If your having a hard time, just do your best and never be afraid to ask for help! I'll never be disappointed in your honesty! I'll always be more impressed with your truth than I could ever be disappointed in the loss of your practice time.

Sincerely, _____

Just Keep Playing!

Start Time:

Stop Time:

(5-10 Min.)

Warm-Up: _____
Long Tones: _____
Finger Switches: _____
I have a nice sound! I can move my fingers!

Start Time:

Stop Time:

(10 Min.)

Goal: I want to be able
To play _____
3 times with no mistakes.

—Bun—

Start Time:

Stop Time:

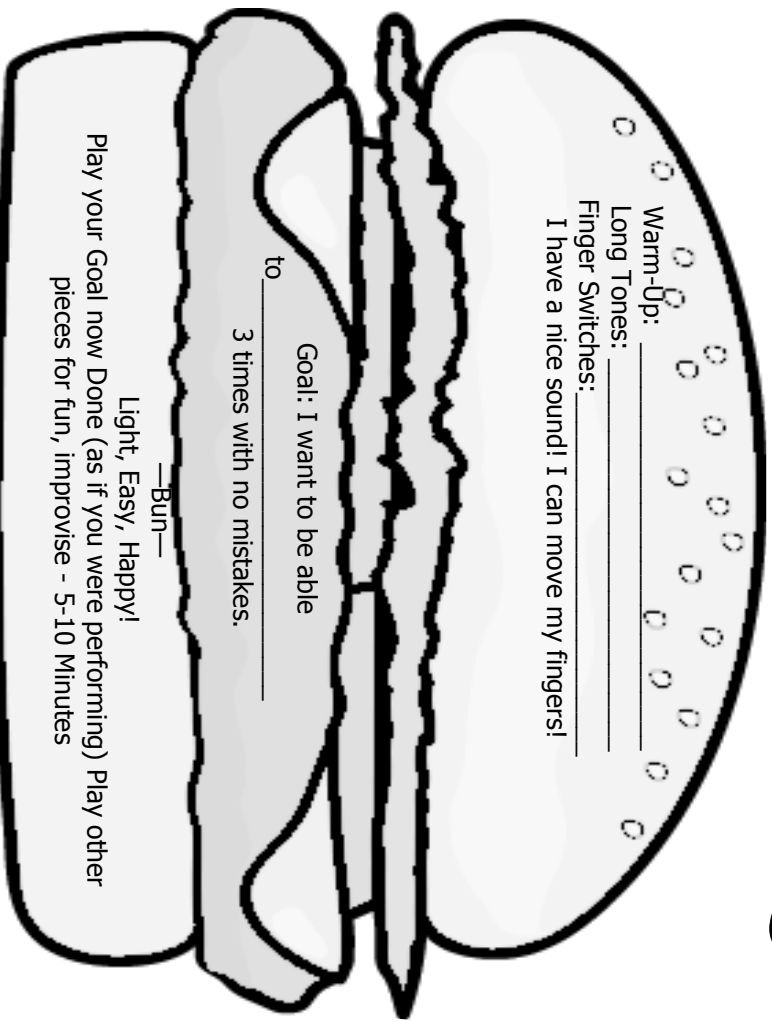
(10 Min.)

Light, Easy, Happy!
Play your Goal now Done (as if you were performing) Play other
pieces for fun, improvise - 5-10 Minutes

Transfer your stop time to start time below

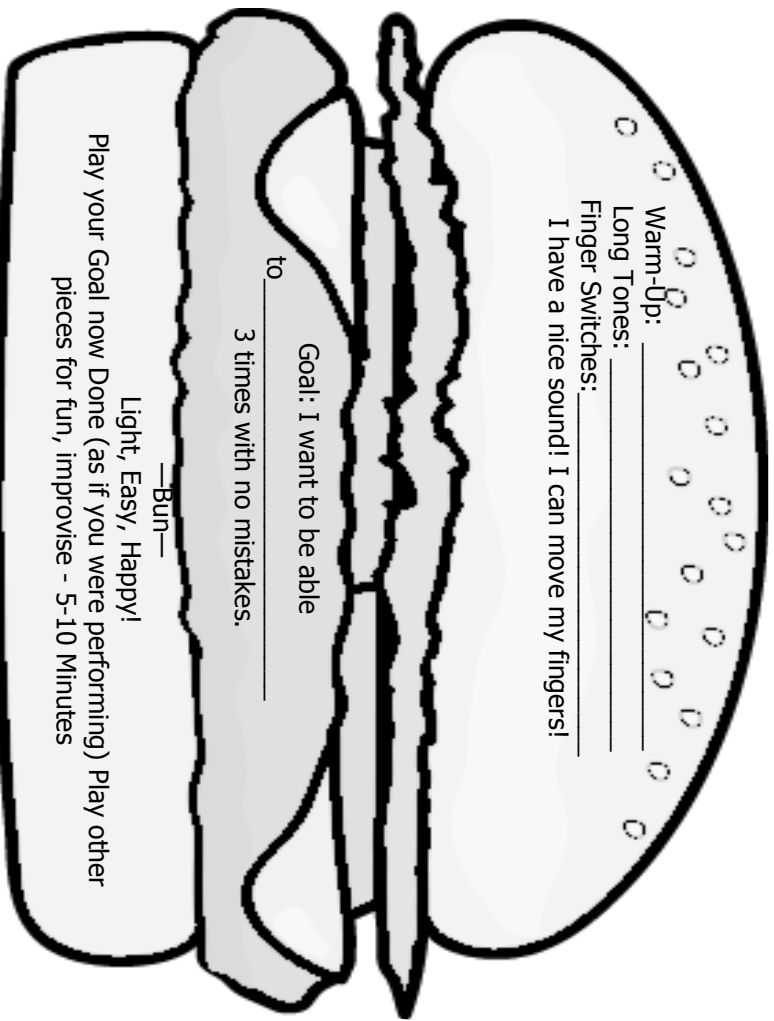
Just Keep Playing!

Start Time:
Stop Time:
(5-10 Min.)



Start Time:
Stop Time:
(10 Min.)

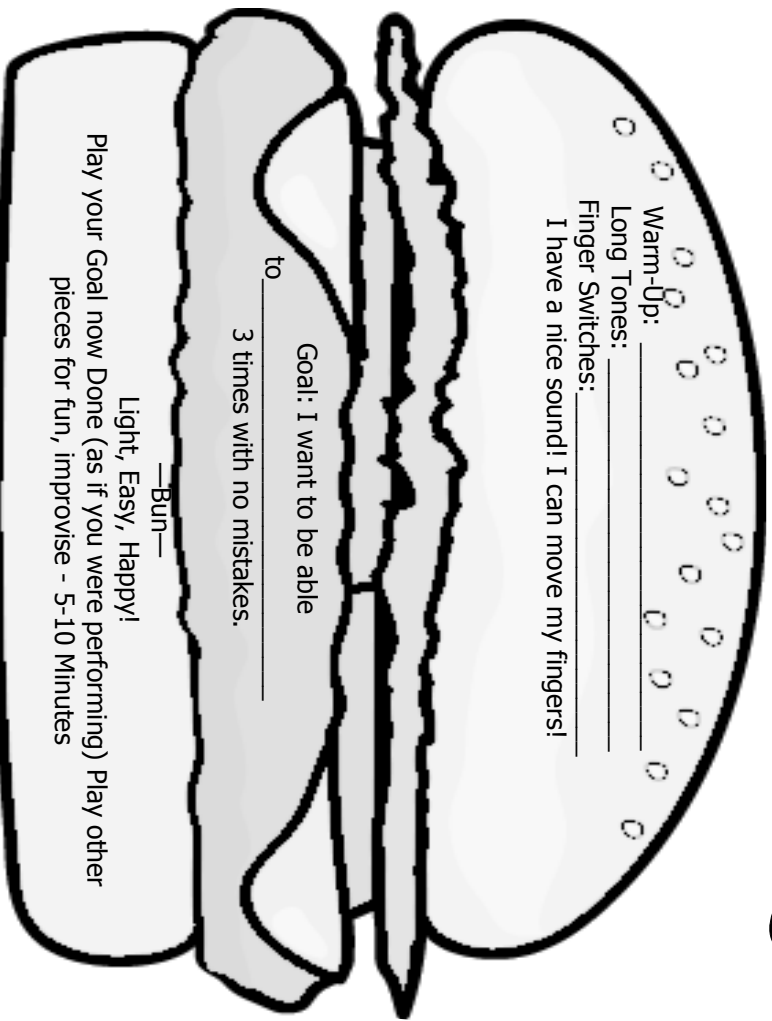
Start Time:
Stop Time:
(5-10 Min.)



Start Time:
Stop Time:
(10 Min.)

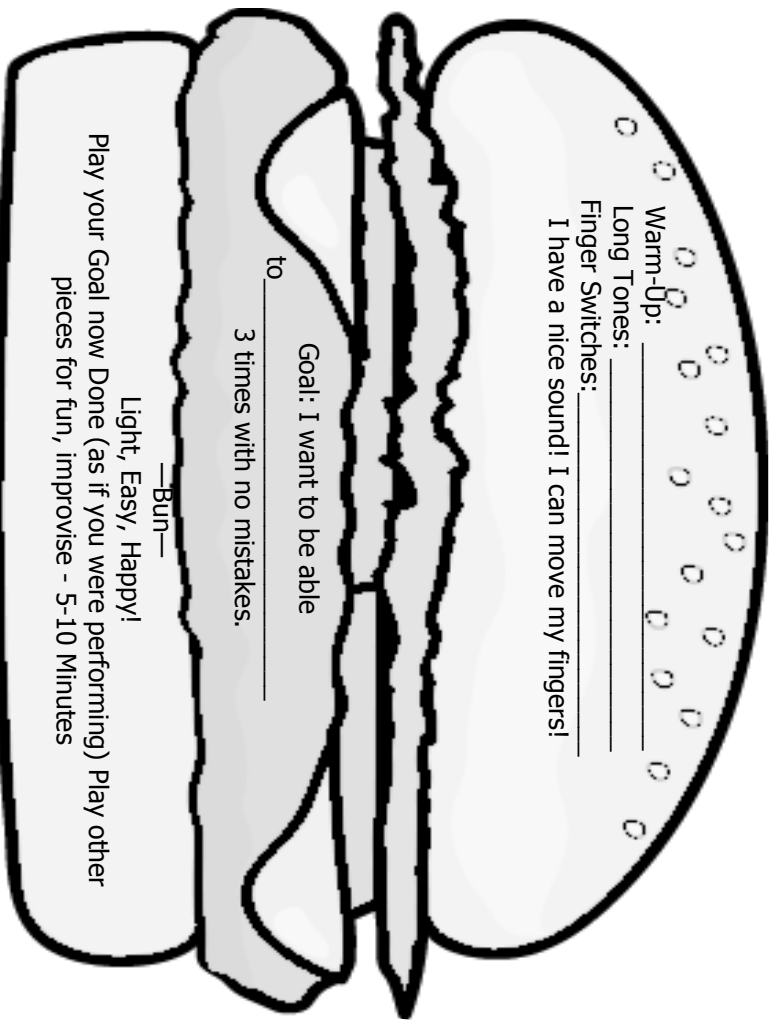
Just Keep Playing!

Start Time:
Stop Time:
(5-10 Min.)



Start Time:
Stop Time:
(10 Min.)

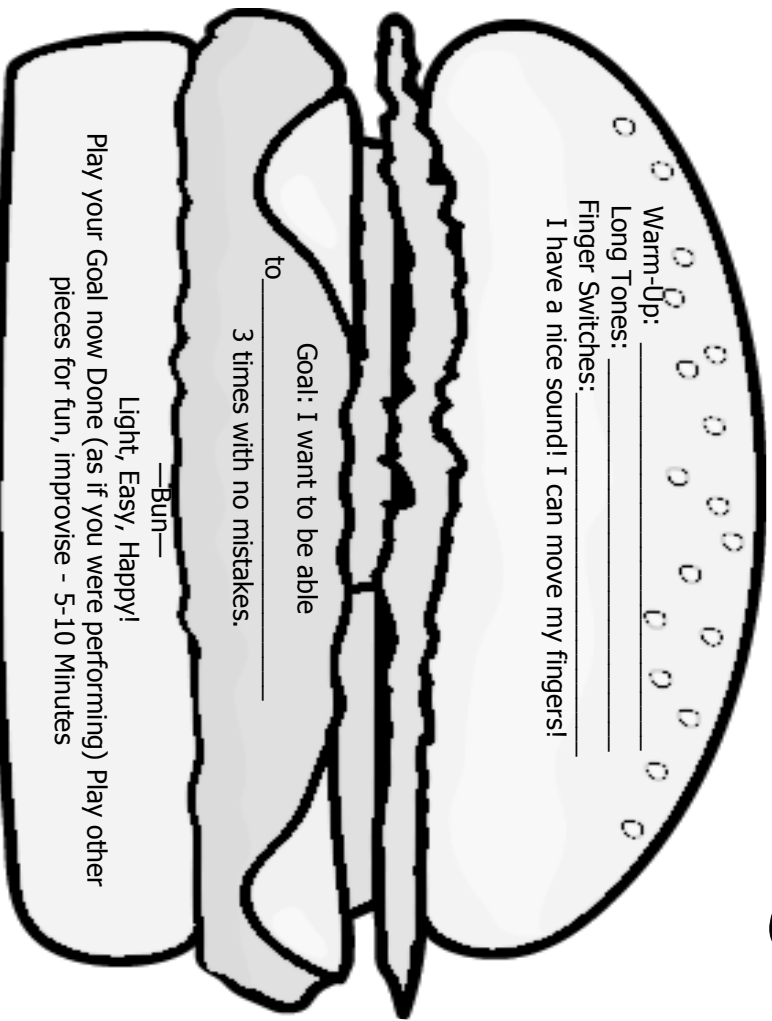
Start Time:
Stop Time:
(5-10 Min.)



Start Time:
Stop Time:
(10 Min.)

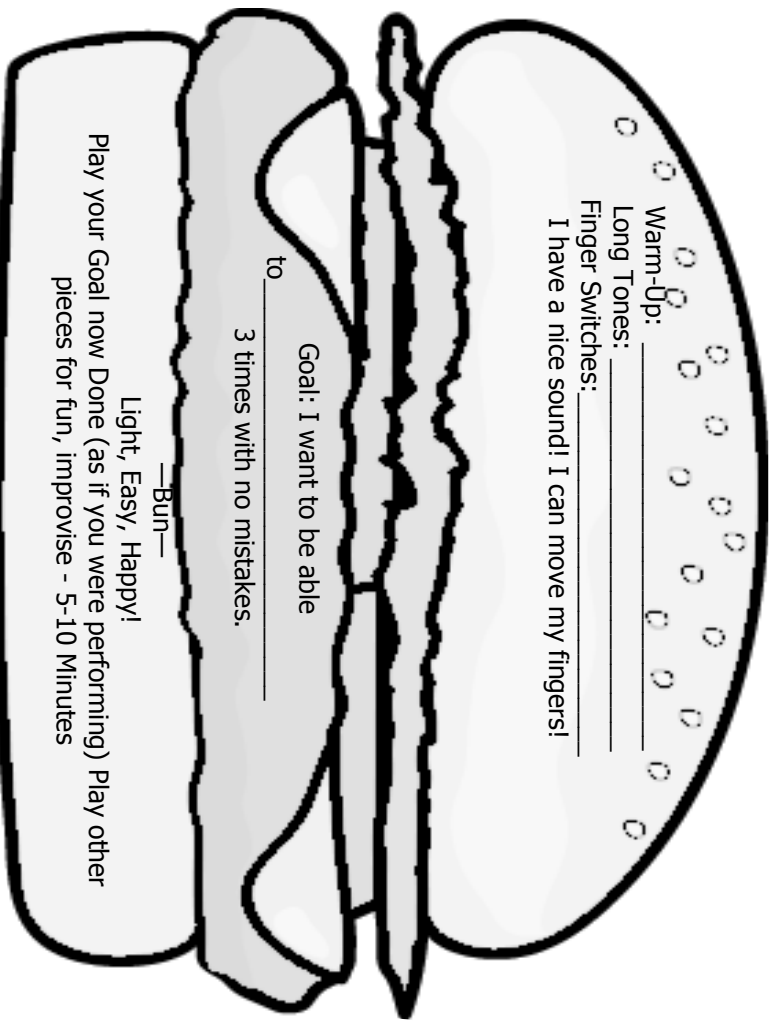
Just Keep Playing!

Start Time:
Stop Time:
(5-10 Min.)



Start Time:
Stop Time:
(10 Min.)

Start Time:
Stop Time:
(5-10 Min.)



Start Time:
Stop Time:
(10 Min.)